



LRSP Status Report – June 2012

4.03 CI Safety & Wellness SR 2012

Strategic Objective (SO):

4.03 Promote safety and wellness for students and staff to support responsible, healthy choices.

Topic of Strategic Objective (SO):

General C&I

Department/School: Curriculum & Instruction

Leader: Assistant Superintendent of Curriculum & Instruction

Team Members:

Wellness Advisory Committee

In a year, we hope to see the following progress on this strategic objective:

Completion of Action Items 1 - 8

PROGRESS SUMMARY

The Wellness Advisory Committee adhered to its commitment to the following institutionalized action items:

Screen-Free Week participation.

Position statement about healthy snacks for parties/birthday celebrations.

Restriction of energy drinks – K-12.

Solicitation of new members.

Continue to support Healthier US Challenge at interested schools.

Coordinate with Health Department for all public health issues. An outstanding response during the pertussis outbreak underscored the excellent working relationship between the City-County Health Department and the School District.

Employee vaccinations.

District student health/dental screenings

Farm to School Program.

Safe Routes to School.

1. Health Education/Nutrition Education

Health Information tables were made available at the middle school open house events, and the Healthy Habits program continued at schools that selected to participate.

2. Communicating School Wellness

Schools published some health-related articles in their newsletters. A safety presentation occurred in the fall, as a collaboration between the Bozeman Police Department and the District. Due to lack of resources, the wellness page remained static. This will receive increased effort during the 2012-13 school year.

WAC did not support the promotion of families eating together, as this was not a topic that was brought before the committee.

3. Food Service/Nutrition

The restriction of chocolate milk in elementary schools was investigated, and procedures were put in place for K-2 parents who wished to restrict this from their children. As a District, we will continue to offer chocolate milk as a selection. Healthy vending machines were installed at BHS and CJMS. Education to school groups regarding snack carts continued. The fresh fruit and vegetable program was implemented at Whittier Elementary School and was a great success.

4. Increase physical activity throughout the instructional day outside of Health Enhancement class.

The Wellness Advisory Committee continued to support activity throughout the instructional day. Although teacher testimonials on the ten minute walking programs and other physical activity that occurs during the day did not occur, the importance of activity throughout the day remains an education priority for this committee.

5. Curriculum

Expanded implementation of HealthTeacher.com continued. Randy Russell, Assistant Principal/Activities Director/Coordinator of HE Curriculum, attended the national conference in May.

6. Driver Safety

The Wellness Advisory Committee stood ready to promote safe driving habits to 6-12 students, but the county position at Child Care Connections was not funded, so there was no request for support.

7. Mental Wellness/ATOD Issues

The District Foundations Committee analyzed data/conducted needs assessment (use district discipline data, YRBS information), and continued follow-up discussions related to Bob Stutzman's (Say No to Drugs) visit.

8. Health/District Nursing

Becca Spear, District Nurse, implemented the Asthma Grant, and also trained several schools in CPR and First Aid. Middle School students at CJMS and SMS were trained in CPR as part of a grant. Parent awareness of immunizations increased, especially during the pertussis outbreak. All parents now sign a disclosure document stating they understand that an immunization exemption may necessitate their children being isolated from school in the event of an outbreak.